



ABIDE: RETREAT TO ADVANCE

Jesus often withdrew to the wilderness for prayer. Luke
5:16

Then Jesus said, “Let’s go off by ourselves to a quiet place and rest awhile.” He said this because there were so many people coming and going that Jesus and His apostles didn’t even have time to eat. Mark 6:31



One day soon afterward Jesus went up on a mountain to pray, and He prayed to God all night. At daybreak He called together all of His disciples and chose twelve of them to be apostles.


Luke 6:12-13

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Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends You, and lead me along the path of everlasting life. Psalm 139:23-24

“Yes, I am the vine; you are the branches. Those who remain in Me, and I in them, will produce much fruit. For apart from Me you can do nothing. John 15:5



We do not know what to do, but we are
looking to You for help.
2 Chronicles 20:12b.

At this point many of His disciples turned away and
deserted Him. 67 Then Jesus turned to the Twelve and
asked, “Are you also going to leave?”
68 Simon Peter replied, “Lord, to whom would we go?
You have the words that give eternal life. John 6:68

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- Schedule it.
- Decide where.
- Determine Your Focus
- 1-2 Prayer Items and 1-2 Questions for God
- A plan to decompress: active, creative.
- Decide what to lean into: a Scripture portion? A resource?
- Bring a Bible, and a form of journal.
- Set realistic expectations for yourself.
- Be flexible.
- Ask for help.

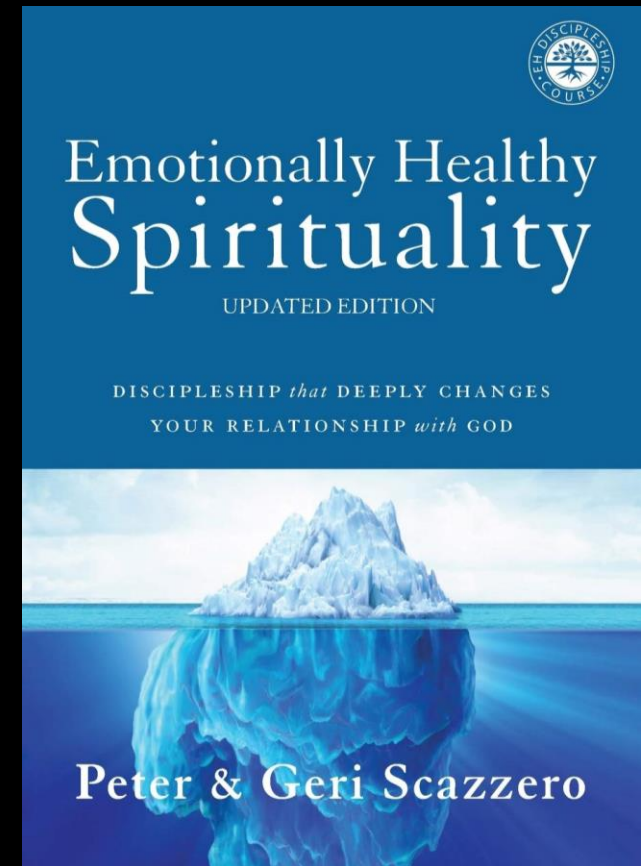
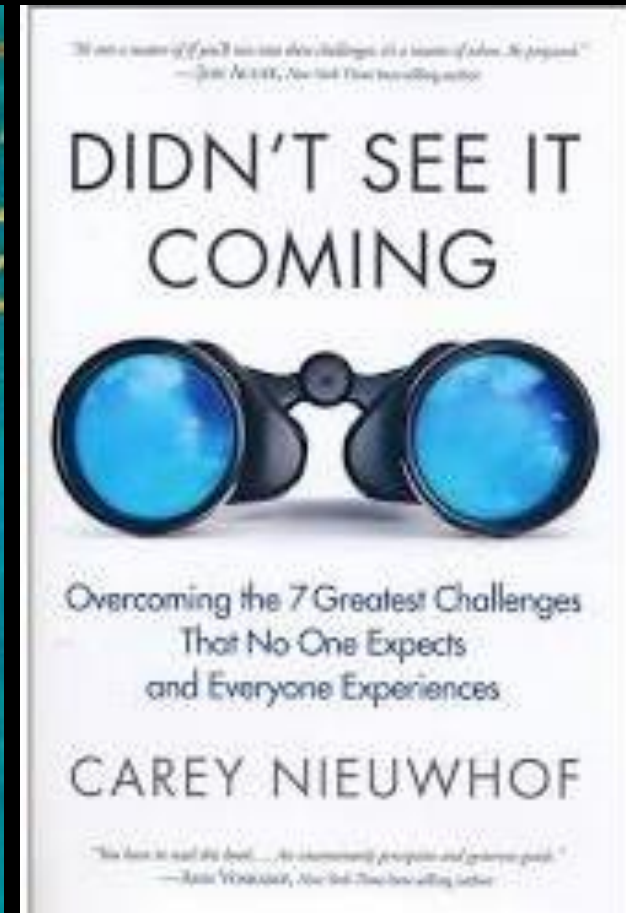
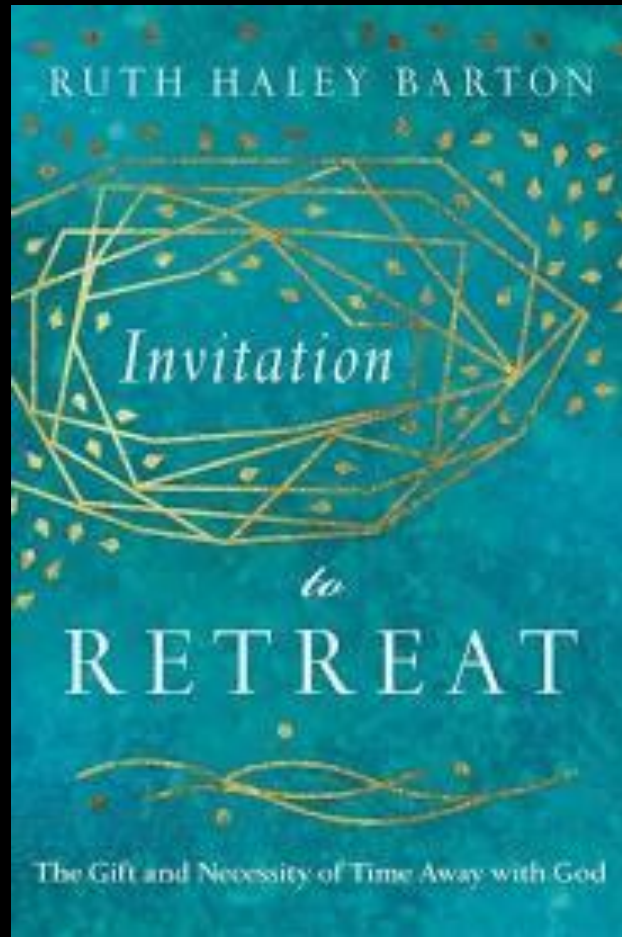
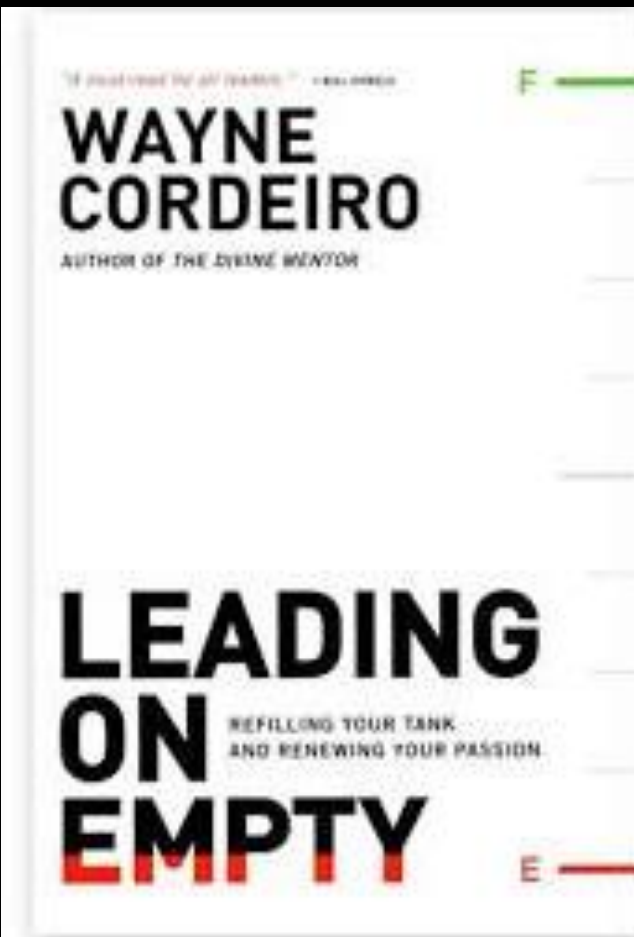
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Listening prayer:
God how, where, and how long would be good
for you and I to connect through a time of
retreat?

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