

HEROES OF
FAITH









1 Kings 19:1-18 (NLT)



4 Then he went on alone into the wilderness, traveling all day. He sat down under a solitary broom tree and prayed that he might die. "I have had enough, Lord," he said. "Take my life, for I am no better than my ancestors who have already died."



5 Then he lay down and slept under the broom tree. But as he was sleeping, an angel touched him and told him, "Get up and eat!" 6 He looked around and there beside his head was some bread baked on hot stones and a jar of water! So he ate and drank and lay down again.



⁷ Then the angel of the LORD came again and touched him and said, “Get up and eat some more, or the journey ahead will be too much for you.”

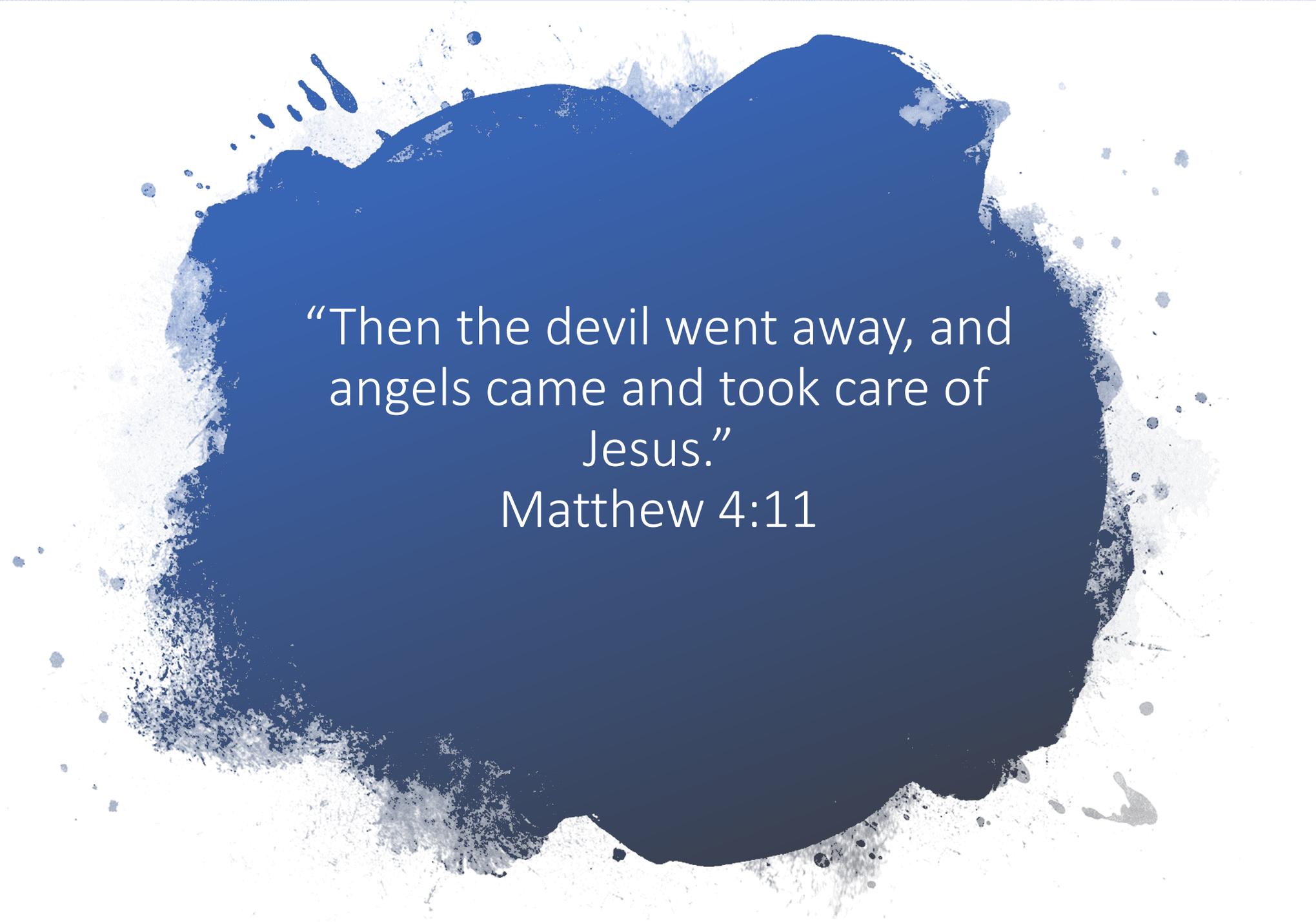


8 So he got up and ate and drank, and the food gave him enough strength to travel forty days and forty nights to Mount Sinai, the mountain of God.



**Even the victorious or strong grow
weary.**





“Then the devil went away, and
angels came and took care of
Jesus.”

Matthew 4:11



Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

—Isaiah 40:30-31

God ministered to Elijah.



**God ministered to Him more than
once.**



**He journeyed to Mount Sinai-the
mountain of God.**



**God asks Elijah what He is doing
there. (Twice)**



And Jesus said to him, "What do you want me to do for you?" And the blind man said to him, "Rabbi, let me recover my sight." And Jesus said to him, "Go your way; your faith has made you well." And immediately he recovered his sight and followed him on the way.

(Mark 10:51-52)

God speaks.



God gives specific instructions.



Anxiety. Fear.

When you are anxious things feel insecure. I, the Lord, want to reassure you that I am your sure foundation. Hold on to me and you will not be shaken. I will show you the truth behind the things that you fear. You will see they hold no real power. Seek me, I will deliver you from your fears (Psalm 34:4). For I am the Lord your God who takes hold of your right hand and says to you, “Do not fear; I will help you.” (Isaiah 41:13) I will lead you to a place of safety. I rescue you because I delight in you (Psalm 18:19). What was not possible before will now be possible for you.



Grieving. Sad. Brokenhearted

My child, I long to comfort you. See my arms around you, my hand brushing the tears off your face, my kiss on your forehead. I am with you. I am able to soothe and heal the hurt places in your life. I will not abandon you even for a moment. You may find that hard to believe right now, but watch for Me. You will see I have not left your side. I am close to the brokenhearted and I save those who are crushed in spirit (Psalm 34:18). I will turn your sorrow into joyful dancing (Psalm 30:11). Listen to the whisper of My voice. I will give You words of comfort that will sustain you.



Confused. Overwhelmed.

I am the God of order. I set the rhythm of the tides. I arranged the seasons. I set the rotation of the planets. I will bring order to your life. Speak My truth over those places of confusion. Stop and rest from the places you are running and wait. Wait for Me. I have answers for you. Ask me for what you need. If you need wisdom, ask Me, I am generous, I will give it to you. I will never shame you when you ask Me for what you need. (James 1:8). Get all the advice and instruction you can, so you will be wise the rest of your life (Proverbs 19:20). I have everything you need.



Lonely

You are precious to Me. I notice you. You never escape my care. I set the lonely in families (Psalm 68:5). Furthermore, you belong to Me. I have written your name on the palms of My hands (Isaiah 49:16). When you are home, I am with you. When you go about your errands and obligations, I am with you. When you do things that bring you joy. I am with you. When you are in the valleys, I am with you. I enjoy being with you. You bring me joy. You are my creation that I will always cherish. Come to Me. I am here to be found by you. I call you friend (John 15:15).



Joyful. Expectant.

Oh, your joy makes me smile! It brings Me great happiness to see your pleasure in following Me. I sing over you with joy (Zephaniah 3:17). I anticipate your delight as I move in Your life. I create those moments that make you smile. I plan ahead for you, knowing exactly what you like. You love Me even though you have never seen Me, and though you do not see Me now, you trust Me; and you rejoice with a glorious, inexpressible joy. I have rewarded you with My salvation (1 Peter 1:8-9). I will be your strength and portion forever (Psalm 73:26). I will keep you-lean into Me.



Depressed. Without Hope.

You carry such a weight that I never intended for you. My yoke is easy and My burden is light (Matthew 11:30). Shake off the expectations I never placed on you. Shake off the lies that you are unworthy of My help. I will rescue you. I will lift you out of the pit of despair you are trapped in and set your feet upon a rock. I will give you a firm place to stand (Psalm 40:2). Feed on me. My words will bring life to you and healing to your whole body (Proverbs 4:22). I am hope. I will not disappoint you (Romans 5:5) and I am not disappointed in you. I love you. I have not forgotten you.



Angry. Frustrated. In turmoil.

Let go. You do not need to hang on so tightly. I see the injustices. I see your frustrations. I am working on your behalf. I am a mighty warrior who is always victorious. Let me fight the battles you are trying to control. My strategies always succeed. I am a faithful God, blessed are those who wait for My help (Isaiah 30:18). I am your Rock. Everything I do is perfect, just, and fair. I do no wrong (Deuteronomy 32:4). Your anger is like flesh eating disease. If you do not allow My work to take place in your life, your anger will eat away at you, it will destroy you. I am not unkind. I am not uncaring. I've got it. Let go.



To all...

*The Lord is near to all who call
upon Him, to all who call upon
Him in truth.*

Psalm 145:18 (NKJV)

