



**CHANGE YOUR CHANNEL
THE NEXT STEP
LISTENING PRAYER EXERCISE
MARCH 22, 2020**

Choose one of the questions below or take time over this next week to ask God each one of them if you like.

- Find a journal, notebook, or paper and a pen.
- Set aside 15-30 minutes.
- Begin by thanking God for all He has done in your life.
- Express your desire to move forward and grow in Him.

Ask on paper, one of the following questions, beginning a dialogue with God:

1. God on a scale of 1 to 10, with 10 being fantastic, how often do I consult with you about things going on in my life that I need direction, insight, or clarity for? Is there something specific you would like me to do to change that number?
2. God is there an area in my life where I have not consulted with You that you want to weigh in on now?
3. God what is the first or the next step you want me to take in this decision that I am facing about _____?

Record your dialogue in conversation format.

Your Question:

God's Response:

Your response and maybe another question:

God's response:

Ask God about a course of action if applicable:

God's response:

Keep going until you feel the conversation is completed.