

Choose one of the questions below or take time over this next week to ask God each one of them if you like.

- Find a journal, notebook, or paper and a pen.
- Set aside 15-30 minutes.
- Begin by thanking God for all He has done in your life.
- Express your desire to move forward and grow in Him.

Ask on paper, one of the following questions, beginning a dialogue with God:

- 1. Will you show me one thing that reminds me of why I can trust You?
- 2. Is there an area of my life that I'm still maintaining control of and not trusting You with?
- 3. Is there a next step of obedience you want me to take in a certain area of my life?

Record your dialogue in conversation format.

Your Question:

God's Response:
Your response and maybe another question:
God's response:
Ask God about a course of action if applicable:
God's response:

Keep going until you feel the conversation is completed.