



**CHANGE YOUR CHANNEL
WHO AM I?
LISTENING PRAYER EXERCISE
February 23, 2020**

Choose one of the questions below or take time over this next week to ask God each one of them if you like.

- Find a journal, notebook, or paper and a pen.
- Set aside 15-30 minutes.
- Begin by thanking God for all He has done in your life.
- Express your desire to move forward and grow in Him.

Ask on paper, one of the following questions, beginning a dialogue with God:

1. What do you like about me?
2. What is one word that You would use to describe who You created me to be?
3. Where is one place I have been turning to instead of You to shape my identity? What is one step I can take to change that?

Record your dialogue in conversation format.

Your Question:

God's Response:

Your response and maybe another question:

God's response:

Ask God about a course of action if applicable: